

6. International Conference on Salutogenesis

Advancing Salutogenesis
towards thriving societies
June 17 – 18, 2021, Girona, Spain

WELCOME

Welcome! Following five successful International Research Seminars on Salutogenesis (Helsinki 2008 & 2009, Geneva 2010, Tröllhattan 2011 & 2012), the International Union for Health Promotion and Education (IUHPE), its Global Working Group on Salutogenesis, the Society for Theory and Research on Salutogenesis (STARS), and the Center of Salutogenesis (CoS) of the University of Zurich (UZH) are pleased to invite you to participate in the 6th International Conference on Salutogenesis, which will be held on June 17th and 18th, 2021 in Girona. (From now on, we refer to the events as Conferences rather than Seminars).

SALUTOGENESIS

Salutogenesis is the concept of the origin of health rather than disease. Developed by Aaron Antonovsky (1979, 1987), the concept focuses on strengthening individual and social resources that protect and actively promote health. In essence, Salutogenesis is concerned with creating coherent living environments, strengthening socio-ecological health resources as well as strengthening the sense of coherence of individuals and groups.

TOPICS

Four areas of advancement: To strengthen the knowledge-base of Salutogenesis, the IUHPE Global Working Group on Salutogenesis produced the Handbook of Salutogenesis. During the creation of the Handbook and their regular meetings, the working group identified four key conceptual issues to be advanced – soon being

published as a position paper in the Journal Health Promotion International:

1. How to advance the overall salutogenic model of health
2. How to advance the concept of sense of coherence, SoC
3. How to design salutogenic interventions and change processes in complex systems
4. How to apply Salutogenesis beyond the health sector

CONFERENCE AIMS

The conference aims to:

- ◆ Advance theory and research on Salutogenesis
- ◆ Share and discuss innovative approaches in the four topic areas

PARTICIPANTS

The following participants are invited:

- ◆ Researchers and experts with know-how or interest in Salutogenesis
- ◆ ECLs (Early Career Investigators in their first 8 years after completing a PhD)
- ◆ Students (PhD and MA levels)

WHY TO ATTEND

Reasons to attend the conference:

- ◆ Exchange with a network of scientists involved in Salutogenesis research
- ◆ Advance theory and research on Salutogenesis
- ◆ Learn from salutogenic research, initiatives, implementations and projects from different countries and various areas within and beyond health

INTERACTIVITY

This international conference on Salutogenesis offers a highly interactive format with strong involvement of all participants. We therefore encourage all participants to submit a paper in any of the formats described in the call. You will be able to actively share, exchange and discuss the current trends in theory, research and implementation of Salutogenesis with colleagues from all over the world. Your participation will help to advance the concept of Salutogenesis and to enhance its contribution to health and well-being, sustainability and thriving societies.

<https://www.stars-society.org/conference-home>

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